



**PRE-OPERATIVE INSTRUCTIONS before
Radiofrequency Ablation and/or PERFORATOR Procedure**

- **Eat a light breakfast such as toast and juice.**
- **Please plan on arriving 15 minutes before the scheduled start time.**
- **Wear comfortable clothing.**
- **You should take all your medications as usual the morning of the procedure.**

You will receive 3 prescriptions that you should fill prior to your procedure. Those will be sent to you in the mail.

- 1. Compression Stockings – you will need to bring them with you the day of the procedure.**
- 2. Vicodin – Take 1 tablet 1 hour prior to your procedure. Bring the remaining tablet with you to the procedure.**
- 3. Valium – Take 1 tablet 1 hour prior to your procedure. Bring the remaining tablet with you to the procedure.**

ABSOLUTELY NO DRIVING AFTER TAKING THESE MEDICATIONS.

You MUST to have someone drive you home even if you are not pre-medicated.

Please feel free to contact us with any questions or concerns you may have.